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## Bodyshaper-making Class



Bodyshapers are garments that create a smooth and sleek contour under clothes. It is made of power net - no more back fat, no more bulges and you have one garment to wear instead of two (or three). The actual bodyshaper without the bra built in sews together quickly and easily. Make either the full bodysuit version or the hip length version. You have a choice of three different back options as shown above. However, if you have a bra pattern that fits you well, you can use that pattern and build in a bra to the body shaper pattern - the result is a Bra Body. Use either your well-fitting Classic or Shelley bra for the bra portion

## Bring to Class:

- Your bra pattern, either the Classic or the Shelley. It is essential for this class.
- Rotary cutter and mat, weights optional (if you use rotary cutters)
- Paper Scissors, SHARP fabric scissors, thread snips
- Stretch 75/11 or ballpoint 70/10 machine needles (available on site)
- Regular polyester thread in beige colour or to match power net (available on site)
- Blue Washout marker (available on site)
- Drafting paper, scotch tape to make revisions to the pattern
- Zig-zag sewing machine in good working order
- The foot pedal and power cords for the machine above!
- A serger is helpful in this class. We have a class serger that will be set up with beige thread. If you are more comfortable using your own, please bring it along.
- Basic sewing supplies including spare bobbins, a seam ripper, pins, tape measure, extra needles, seam gauge etc
- Please mark all your supplies with your name. We are not responsible for any loss

### Please note:

- Class begins at 10 am and ends at 4:30 pm. Doors open at 9:30 am.
- Bring your lunch or you can buy lunch out. We have a fridge, sink and microwave in our classroom kitchen



# How to get to the Bra-makers Classroom



### Program into your GPS

If you input 308 Ottawa Street North, Hamilton, Ontario into your GPS, it should be able to find us easily!

#### From the U.S.A.

To get to the Bra-makers School from the U.S border or Niagara Falls, take the Burlington Street exit in Hamilton off the QEW. You'll be turning left at the Ottawa Street exit. You'll go past the steel mill, past Barton Street and a left turn onto Argyle Street, then a quick right into the parking lot directly behind the store.

## From Toronto (east of Hamilton)

To get to the Bra-makers School from Toronto, take the QEW Niagara exit to go over the Skyway Bridge, then the Burlington Street exit off the QEW. You'll be turning left at the Ottawa Street exit. You'll go past the steel mill, past Barton Street and a left turn onto Argyle Street, then a quick right into the parking lot directly behind the store.

#### From west of Hamilton

To get to the Bra-makers School from either direction from Hwy. 403, take the exit for the Lincoln Alexander Pkwy (the Linc) and continue on (the Linc turns into the Red Hill Creek Pkwy). Take the Queenston Road exit, turn left to Queenston Road. Carry on Queenston (it becomes Main Street at the traffic circle) and turn right at Ottawa Street. Turn right onto Argyle and a quick right into the parking lot directly behind the store.